Hi everyone, my name is George. Recently, I’ve found this diabetes management app that has really changed my life for the better. I can’t wait to share it with you guys.

I was diagnosed with prediabetes about half a year ago, and, at the time, I was really shocked. I thought I would never find myself in that kind of position. I immediately started researching this condition and how I could overcome it. That’s how I found the MyDiabetes app.

Among other features, this app offers a personalized meal plan that is adapted to diabetic restrictions. For a person like me, who had no idea how to change my diet, this was perfect. It also doesn’t hurt that the meals from this plan are actually really good.

Another pleasantly surprising discovery was diabetes-friendly desserts. I honestly didn’t think such a thing existed, but I’m thankful that the app gave me the idea for a sugar-free chocolate cake ‘cause that thing was a life-saver.

So it’s been 4 months now, I’ve lost 38lb, and I feel great. My doctor says that I’ve made really good progress and that I definitely should keep it up. All of this thanks to the MyDiabetes app.